

**PERSONAL ENRICHMENT**

**Language**

**Italian for the International Traveler** This course will teach the international Traveler key phrases to make the journey easier. Come learn the Italian language, pronunciation, menu instructions, greetings, etiquette, introductions, numbers, compliments/likes/dislikes, taxi directions, hotel needs, communication strategies, shopping key words and emergencies, telephone etiquette; as well as, common first and last names. Instructor: Pasquali D'Angelo

**Fee \$99 plus cost of textbook**      **12 hrs**      **min 6 max 20**  
 T Sept. 19-Oct. 24 6:00 PM-8:00 PM 70987 CED-250-008 GR ACCEC TBA

**Music**

**NEW! Bluegrass Jamming Session** This class continuation is for those students who took Bluegrass Jamming Session 1 and desire to continue the bluegrass jamming session for 4 more weeks. Instructor: Michael Smith

**Fee \$90**      **24 hrs**      **min 5 max 15**  
**This class continuation is for those students who took Bluegrass Jamming Session 1 and desire to continue the bluegrass jamming session for 4 more weeks.**  
 TF Oct. 24-Nov. 14 7:00 PM-8:30 PM 71054 CED-254-001 GR ACCEC 134

**NEW! Bluegrass Jamming Session I** This class is designed to give a bluegrass (music style) jam session for novice pickers to participate in and learn the fundamentals of bluegrass jamming. Novice pickers could learn how to jam and feel comfortable playing with other musicians. Students must understand chord structures and be able to provide his/her own bluegrass instrument. Instruments must be played with competency in the key of G. Participants need to feel comfortable singing in front of others. Class participation is mandatory for bluegrass jamming to work properly. Come have fun with us! Instructor: Michael Smith

**Fee \$90**      **24 hrs**      **min 5 max 15**  
**All students must provide his/her own string instrument. All students must be able to play in the key of G on his or her chosen instrument. Students should have the book, Bluegrass Songbook, by Pete Wernick (Oak Publications), suggested retail price \$19.95.**  
 TF Sept 26-Oct. 17 7:00 PM-8:30 PM 71055 CED-254-002 GR ACCEC 134

**Guitar - Beginning** Always wanted to play the guitar? In this class students will learn simple music theory, notes, chords and strumming. By the end of the first session students will be able to play a simple melody, which is the basis for becoming a lead guitarist. By the end of the course, students will have learned basic strums and rhythms which is the basis for becoming a rhythm guitarist. Instructor: Peggy Wagner

**Fee \$49**      **12 hrs**      **min 9 max 12**  
**Students purchase book prior to class. *Guitar Method I with CD* by Howe Leonard.**  
 W Oct. 11-Nov. 15 6:30 PM-8:30 PM 70446 CED-203-003 GR ACCEC 132  
 W Dec. 6-Jan. 17 6:30 PM-8:30 PM 70475 CED-203-004 FL FLAD 108B

**Piano in an Instant** You don't need years of weekly lessons to learn piano. In just half a day, you can learn enough to give you years of musical enjoyment. The traditional approach teaches note reading while professional pianists use chords. Learn all the chords you'll need to play any song, any style, any key. Perfect your technique at home with materials including an exclusive audiocassette. If you already know your way around the keyboard a little (Every Good Boy Does Fine) and you are comfortable reading treble clef notation, you know enough to participate. If not, a free pamphlet that explains the basics will be mailed to you. Instructor: Karen Reinhold

**Fee \$75**      **3 hrs**      **min 6 max 12**  
 S Sept. 30 9:00 AM-12:00 PM 70404 CED-076-051 LV LKAN 6  
 S Oct. 14 9:00 AM-12:00 PM 70452 CED-076-002 GR EDBH 525

**Physical Fitness/Sports**

**Caribbean Dancing** Rhythm and passion describe the tantalizing sounds of Caribbean music which you will enjoy while you learn to dance the SALSA, MERENGUE, and the BACHATA. This 5 week class will provide step-by-step instruction and detailed foot and hand movements in a relaxed atmosphere. You will learn how to look good and stay in step with the music. Come alone or with a partner. Caribbean Dancing is a great method of exercise and fitness as well as being fun! Instructor: Luis Ortiz

**Fee \$49**      **10 hrs**      **min 20 max 40**  
 W Sept. 20-Oct. 25 7:00 PM-9:00 PM 70420 CED-235-001 GR ACCEC 129C  
 (No class Oct. 4)

**Exercising the YMCA Way** Whether you're brand new to exercise or have tried and failed in the past at various fitness programs, this is the class for you. The class will empower you with the practical and theoretical tools to start and maintain a regular exercise program. If the "just do it" approach has not worked for you then give the YMCA way a try. This class is being offered by a federal grant "Steps to a Healthier Weld County" through the Weld County Department of Public Health and Environment. There will be a \$5 cost to defray expenses incurred by Aims Community College. Instructor: Michele Haugh, M.S.

**Fee \$5**      **1.5 hrs**      **min 1 max 24**  
 R Oct. 19 12:00 PM-1:30 PM 70648 CED-041-002 GR ACCEC 132

**PERSONAL ENRICHMENT**

**Physical Fitness/Sports**

**NEW! Golf** Come join us for instruction on all facets of the game on our state of the art practice facility – full swing, short game, course management, fitness and more. Coyote Creek Golf Course is a beautiful 18-hole, municipal course, located in Fort Lupton, Colorado (a 25-minute drive from Denver, Longmont, Boulder, and Greeley). Designed by Matt Eccles and managed by Escalante Golf, the course features large undulating greens, wide playable fairways, several lakes, bunkers, multiple tee locations, and enough quirks to challenge any level of golfer. Instructor: Rhonda Boutelle

**Fee \$160**      **6 hrs**      **min 6 max 20**  
**Students can bring their own golf clubs. If you do not have your own clubs, rental on the clubs is \$5 per session for this Aims class only through Coyote Creek Golf Course.**  
 S Sept. 9-Oct. 14 10:00 AM-11:00 AM 70971 CED-261-001 FL Coyote Creek Gold Course  
 222 Clubhouse Dr., Ft. Lupton, CO 80621

**Karate - Shotokan, Tang Soo Do, HapKiDo and Jutitsu** Shotokan, Tang Soo Do, HapKiDo and Jutitsu are various types of martial arts. Students will learn movement and techniques of these styles by class and one-on-one instruction. This class will begin with a vigorous warm-up and then focus on basic karate techniques. Instructor: Allen Morris

**Fee \$125**      **33 hrs**      **min 11 max 50**  
 M Sept. 18-Dec. 11 6:30 PM-10:00 PM 70411 CED-035-002 GR ACCEC 129C

**NEW! Open Water Scuba Course** The Open Water Scuba Course offered through Aims Community College is a course where students will attend an orientation 10/2 from 5-7 PM, then work online through the coursework while doing the pool time at Tortuga Bay in Greeley. Scuba Diving International sanctions the course and Tortuga Bay of Greeley, CO provides the training. The course consists of academic and confined water training only. Successful completion of this course is required before an individual may qualify for the open water evaluation dives and receive full certification. **Tortuga Bay, 6200 West 9th Street, Greeley.** Instructor: Ron Bland

**Fee \$100**      **Self-Paced**      **min 5 max 20**  
**Student lab materials purchased from Tortuga Bay in Greeley, CO by calling 353-DEEP at approximately \$80 per student. It is recommended that students purchase own basic equipment (mask, fins, snorkel and booties).**  
 M Oct. 2 5:00 PM-7:00 PM 70996 CED-000-001 GR Tortuga Bay

**Power Walking/Strollers** Power Walking/Stroller classes consist of a Power Walk and body toning exercises using your stroller and your baby. You will get a total body workout improving your cardiovascular endurance, your strength and your flexibility. Whether you're a beginner or an expert exerciser, Power Strollers can provide you with your ideal workout. It's up to you to create the intensity, but we will create the fun! Make new friends, get in shape and watch your baby love every moment of it! It's a total workout combining cardio, strength and flexibility using your stroller, your baby and the environment. Instructor: Dr. Ilisha Newhouse

**Fee \$28**      **8 hrs**      **min 8 max 20**  
 MW Sept. 4-27 1:00 PM-2:00 PM 70389 CED-151-002 GR ACCEC 133

**Yoga in the Mountains** Relax while you learn to do calming yoga postures, meditation and visualization in a beautiful Rocky Mountain environment. Instructor: Nancy Swanson

**Fee \$36**      **2 hrs**      **min 5 max 25**  
**Students need to bring blanket and yoga mat.**  
 S Sept. 23 8:30 AM-11:30 AM 70431 CED-033-001 GR Meet at ACCEC 133

**Special Interest**

**Birdwatching** This 12-hour course focuses on bird identification by sight and sound and taxonomic classification of birds based on their anatomy, coloration, sounds, behavior and habitat. Covers species commonly found in Colorado. Participants will be able to watch videos and hear sound recordings of wild birds, learn about their habitat preferences and learn how to attract them to their own yards. This class will participate in several field trips. The instructor, Joe LaFleur has a B.S. in Wildlife Biology and M.S. in Technical Communications from CSU. He has been bird watching for over 15 years and is the author of DVDs, video and software about bird watching in the western US. Instructor: Joe LaFleur

**Fee \$50**      **12 hrs**      **min 10 max 24**  
 W Sept. 20-Dec. 13 2:30 PM-3:30 PM 70644 CED-037-052 LV LKAN 2

**Cake Decorating and So Much More!** This class is so much more than the average cake decorating class! Students will learn about cake decorating tools, color charts, color flow, sugar molding, marzipan, wedding cakes and will learn how to make up to 9 different flower types. The art of "doing" is always more fun than just learning about something. Students will learn through practical application of decorating their own frosted cake. Join us for some good old fashioned fun. Instructor: Marion Leh

**Fee \$45**      **8 hrs**      **min 8 max 24**  
**Students will get a supply list at registration for the second night of class. Please bring \$10 for any additional class materials needed.**  
 T Oct. 3-24 6:30 PM-8:30 PM 70645 CED-223-002 GR ACCEC 132

**PERSONAL ENRICHMENT**

**Special Interest**

**Home Theater: The Basic Set Up** Come learn how to setup a basic home theater. After a student completes this course, they will be able to explain the components of a Home theater, explain how to connect the audio and video components together and explain how to do basic calibration of their home theater. Instructor: John Hutson

<b>Fee \$37.50</b>	<b>hrs</b>	<b>min</b>	<b>max</b>
S Oct. 21 9:00 AM-11:30 AM 71111	CED-267-001	GR	ACCEC 122

**How to Sell on Ebay** Have fun and make money on E-bay! By the end of this introductory class, participants will understand the basic procedures used for selling or buying items through E-bay on-line auctions. Basic knowledge of Windows and Internet navigation is required. Instructor: Connie Lance

<b>Fee \$25</b>	<b>3 hrs</b>	<b>min 6</b>	<b>max 25</b>
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**Handouts provided**

M Oct. 2 6:00 PM-9:00 PM 70440	CED-073-001	GR	ACCEC 134
W Nov. 8 6:00 PM-9:00 PM 70438	CED-073-051	LV	TBA

**Interior Decorating Part I** This dynamic course is designed to introduce participants to the elements and principles of interior decorating with an emphasis on the "How To" and "Decorating within a Budget and With What You Have"! Begin with the building blocks: Color Harmony, Fabrics and Fibers, Paint and Wall Techniques, Window Treatments, Furniture Selection as well as design sources, trade books and magazines. Learn how to determine your individual style and preferences and catalogue those choices. Come join us and turn your decorating visions into reality. Instructor: Corinne Finney

<b>Fee \$159</b>	<b>15 hrs</b>	<b>min 12</b>	<b>max 20</b>
R Sept. 14-Oct. 19 6:30 PM-9:00 PM 70948	CED-164-051	LV	TBA

**Interior Decorating Part II** This course picks up where Interior Decorating, Part 1, left off. Jump back in with Art and Accessories, Framing, Room Arrangements, Lighting, What's New and What's Hot in today's design styles and a class on Feng Shui. Want to become a designer? We'll discuss education, starting a business and working with clients. Need to hire a painter, plumber or contractor but don't know who you can trust? We'll cover the process, expectations and results to get your job done on time, on budget and as promised. Students will participate in field trips and leave this course with the design skills and knowledge gained from both courses as well as a comprehensive design notebook. Prerequisite: Interior Decorating, Part I suggested. Instructor: Corinne Finney

*PREREQUISITE: Interior Decorating, Part I or some knowledge of interior decorating.*

<b>Fee \$159</b>	<b>15 hrs</b>	<b>min 12</b>	<b>max 20</b>
R Oct. 26-Dec. 7 6:30 PM-9:00 PM 70949	CED-165-051	LV	TBA

**Interior Design** Is your home in need of a "space lift?" This course will teach basic design ideas that will help you redesign your spaces. Lessons will include: space planning, furniture placement and selection, choosing colors, and accessorizing. The emphasis will be on finding your style and re-using what you have to revitalize your rooms and give your home a fresh look. Instructor: Lisa Klett

<b>Fee \$80</b>	<b>8 hrs</b>	<b>min 6</b>	<b>max 24</b>
TR Sept. 12-21 6:30 PM-8:30 PM 70391	CED-009-003	GR	ACCEC 134
TR Oct. 10-19 6:00 PM-8:00 PM 70445	CED-009-004	GR	ACCEC 129B

**The Legal Side of Buying a Home - What Every Homebuyer Should Know** This informative one hour session will teach you what you need to know about the legal aspects of buying a home. Learn who all is involved in the home buying process, understand how to make an offer, what the different elements of the contract are and the various aspects of closing. Instructor: Jo Anne Hagen

<b>Fee \$36</b>	<b>1 hrs</b>	<b>min 5</b>	<b>max 24</b>
R Sept. 14 7:00 PM-8:00 PM 70394	CED-129-003	GR	ACCEC 132
R Oct. 19 7:00 PM-8:00 PM 70421	CED-129-052	LV	LC 104
R Dec. 7 7:00 PM-8:00 PM 70476	CED-129-004	FL	FLAD 111

**Life Juggling 101** Life has changed and the demands on our time have changed. We seem to be juggling competing priorities, multiple deadlines work and personal relationships and a hundred unanswered e-mails. There still are only still 24 hours in every day, but the amount of things we have to do in that time has expanded exponentially. Doing things the way we used to may not work now. Instructor: Debbie Petty

<b>Fee \$70</b>	<b>4 hrs</b>	<b>min 10</b>	<b>max 20</b>
<b>Handouts provided</b>			
S Sept. 30 9:00 AM-1:00 PM 70439	CED-178-002	GR	ACCEC 132

**PERSONAL ENRICHMENT**

**Special Interest**

**Mystery Shopping - A Brief Overview!** Mystery Shopper Overview – Are you curious about entering the mystery shopper industry? Mystery shoppers are used in virtually every city in the U.S. and opportunities exist for stay at home moms, students, and retired adults as well as those looking to supplement their income. This class is a brief one hour summation of the industry and shall cover all general questions. The instructor is Dr. Ilisha Newhouse, the author of "Mystery Shopping Made Simple," a McGraw-Hill Publication. Instructor: Dr. Ilisha Newhouse

<b>Fee \$15</b>	<b>1 hrs</b>	<b>min 25</b>	<b>max 200</b>
F Sept. 15 6:00 PM-7:00 PM 70395	CED-137-006	GR	ACCEC 129ABC
S Sept. 23 10:00 AM-11:00 AM 70430	CED-137-007	GR	ACCEC 129ABC
W Oct. 11 2:00 PM-3:00 PM 70449	CED-137-008	GR	ACCEC 129ABC
S Oct. 21 9:00 AM-10:00 AM 70457	CED-137-009	GR	ACCEC 129ABC

**Mystery Shopping - Intensive Training Seminar** How to Become a Mystery Shopper Intensive: This course is for those who are truly serious about starting a small business in the industry of Mystery Shopping. This course is a three-session intensive program which shall focus on a tutorial to the industry, the preparations of a letter of intent and establishing a small business. It will discuss small business tax laws and tax deductible items as well as conclude with mock shopping presentations and the review of various evaluation forms. Instructor: Dr. Ilisha Newhouse

<b>Fee \$75</b>	<b>9 hrs</b>	<b>min 6</b>	<b>max 24</b>
WRF Oct. 25-27 6:00 PM-9:00 PM 70458	CED-139-001	GR	ACCEC 132
S Nov. 4-18 9:00 AM-12:00 PM 70459	CED-139-002	GR	ACCEC 132
MTW Nov. 13-15 9:00 AM-12:00 PM 70461	CED-139-003	GR	ACCEC 132

**Parenting Teens - A Toolbox for Parents and Caregivers** This training will give participants the skills and practice necessary to understand this age group on a developmental and cognitive level. Students will recognize and overcome anger triggers that may arise during interactions with adolescent youth. Have an opportunity to form supportive bonds with others and learn what resources are available to help support issues that may arise regarding youth of this age. Instructor: Gary Crist

<b>Fee \$48</b>	<b>4 hrs</b>	<b>min 6</b>	<b>max 24</b>
S Oct. 28 1:00 PM-5:00 PM 70467	CED-111-002	FL	FLAD 111

**NEW! Planning and Budgeting the Perfect Wedding** Do you know the important aspects of a wedding that everyone will remember? Learn how to spend money where it will be most memorable and avoid common pitfalls and time wasters. Students will learn the importance of establishing a budget and a timeline. Tips on how to stick to the budget will be shared. This class will discuss where it is okay to have flexibility and where to stick to the plan. The class will cover average costs of a wedding as well as timelines. Each student will be given a camera with the discussion on preserving memories. Instructor: Jean Daviet

<b>Fee \$35 singles; \$55 couples</b>	<b>2 hrs</b>	<b>min 5</b>	<b>max 24</b>
R Oct. 26 7:00 PM-9:00 PM 70969	CED-179-001	GR	ACCEC 134
	71006	CED-179-002	(couples)

**Poker 101** In this course we will explore the basics of the card game called poker. We will focus on the "Texas-hold'em" version of poker. You will learn about the basics of the game: Dealing, Hand ranking, rules of betting, table procedures, and terminology. You will spend some time practicing the game in a tournament setting. Take a gamble, sign and learn about the "hottest game in town". Instructor: John Hutson

<b>Fee \$35</b>	<b>3 hrs</b>	<b>min 5</b>	<b>max 25</b>
F Oct. 6 7:00 PM-10:00 PM 71056	CED-266-004	GR	ACCEC 129B

**Poker 201** "Take your poker game to a higher level. Learn the Statistics of the hand, the Strategy of the game, and some tips for the "Pro". Instructor: John Hutson

<b>Fee \$35</b>	<b>3 hrs</b>	<b>5 min</b>	<b>25 max</b>
F Oct. 13 7:00 PM-10:00 PM 70986	CED-266-003	GR	ACCEC

**Russian Fairytales and Film** This course is designed to acquaint you with the literary diversity of Russian fairytales and peculiarities of national self-perception and artistic realities in Russian film. Enjoy the adventures of the might Knight Russian, the beautiful "dead princess", Ivan Tsarevich, Prince Gvidon, Russian witch Baby Yaga who lives in the forest in the cabin on chicken legs and flies in the barrel with a broom, and many other interesting characters. Instructor: Ludmila Pokatilova

<b>Fee \$215</b>	<b>36 hrs</b>	<b>min 6</b>	<b>max 24</b>
W Sept. 13-Dec. 6 2:30 PM-5:30 PM 70669	CED-039-051	LV	LCAN 2
	(no class Nov. 22))		

**PERSONAL ENRICHMENT**

**Special Interest**

**Scrapbooking Made Easy** Do you have piles of photos that you haven't had time to put into an album where they can be enjoyed? We've got the solution for you! This class will enable you to complete an album in just 4 sessions. Your album will be complete with your photos on decorated pages, and the story behind the photo included on the page, as well. No more thumbing through piles of photos to find the ones to show your friends. Now you can pull out your completed photo-safe album and enjoy it, while sharing it with your friends! Instructor: Jill Harris

**Fee \$30** 10 hrs min 5 max 24  
 Students will bring \$115 to class to pay for their scrapbook kit. Students should also bring a pair of scissors, ruler, pencil and a paper/picture trimmer with them to the first night of class. Bring what you have or purchase from instructor. On the third night of class, students should bring their photos they want to put into their books.

R	Oct. 12-Nov. 2	6:00 PM-8:30 PM	70896	CED-221-001	GR	ACCEC 134
M	Oct. 9-Nov. 6	6:00 PM-8:30 PM	70897	CED-211-002	GR	ACCEC 134

(no class Oct. 23)

**Sensory Strategies for Educators** Children with sensory issues are becoming more and more common. Teaching and managing their behavior in a classroom present special challenges. This class offers some basic information on understanding the sensory system, identifying children with such issues, and strategies for helping them deal with the classroom environment. These sensory strategies benefit all children and learning styles, and should help your classroom to become a calmer, easier to manage place of learning. Instructor: Michele Leonard

**Fee \$63** 9 hrs min 8 max 36  
 S Oct. 28 8:00 AM-5:00 PM 70670 CED-198-002 GR ACCEC 129A

**Sensory Strategies for Parents** Does your child seem easily distracted by or sensitive to their environment? Children with sensory issues are becoming more common. This class helps parents to understand the sensory system and strategies for providing a well balanced sensory diet at home. Many practical topics such as environmental adaptations, reading your child's sensory clues, restaurant issues and surviving vacations and holidays. These strategies can benefit all children and help maintain a parents sanity. Instructor: Michele Leonard

**Fee \$63** 9 hrs min 8 max 36  
 T Oct. 3-17 6:00 PM-9:00 PM 70671 CED-187-002 GR ACCEC 134

**Teaching on the Internet** Don't be left behind. Your competitors are using the Internet to train and communicate with large, geographically wide-ranging groups. Take this online class and create your first class. Learn from someone on the front line. Topics include: Converting existing classes - Streaming audio/video, slides, graphics - Learning Management Systems - Courseware options - Holding online meetings - Testing and cheating - Facilitating a class - Where to find free resources - Getting buy-ins for your class - Convincing upper management. By the end of Lesson 4 you'll be inviting students to your new classroom without spending a dime.

**Fee \$75** 10 hrs min 1 max 50  
 Sept. 26-Nov. 9 online 70089 CED-357-001

**NEW! Timeline Your Life** Learn how to create an audio and video timeline of your life. Instructor: John Hutson

**Fee \$45** 3 hrs min 4 max 10  
 Student will need to bring some photos and a list of important dates in their life.  
 S Sept. 23 9:00 AM-12:00 PM 71109 CED- 001 GR ACCEC 122

**Understanding Religions of the World** Religion is the center of who are. As we begin to study, we will discover acceptance, understanding, and peace. This course will focus on the basic fundamental values and ideologies of various religions of the world. Each student will receive course materials defining and summarizing the beliefs of various religions as well as the geographic location of religions. Instructor: Dr. Ilisha Newhouse

**Fee \$35** 3 hrs min 10 max 24  
 S Dec. 9 9:00 AM-12:00 PM 70482 CED-141-003 GR ACCEC 132

**Unraveling the People Puzzle** Do you want to communicate more effectively with your spouse, children, co-workers, clients? Do you want to understand your communication strengths and weaknesses? In this course we will take an in-depth look at your personality style, how you are "wired" so to speak, and your natural behavior. We'll explore how you define your decision making and communication style, and how to adapt your style to improve relationships Instructor: Pam Smith

**Fee \$36** 3 hrs min 6 max 24  
 M Sept. 25 6:00 PM-9:00 PM 70894 CED-025-002 GR ACCEC 132  
 M Dec. 4 6:00 PM-9:00 PM 70895 CED-025-003 LV TBA

**PERSONAL ENRICHMENT**

**Special Interest**

**Wedding Cake Decoration & More!** Learn how to make the wedding cake that is perfect for your or someone else's special day! In this workshop, students will learn everything from borders & lace to learning how to frost, decorate and cut the cake. Color schemes as well as silk/real flowers will be discussed. The wedding entails so much more than the cake. Students will also learn about making corsages, learn about wedding favors, serving table arrangements and much more. Please bring pictures of the wedding cakes you want to make as students will learn the techniques and application of making a beautiful wedding cake. Instructor: Marian Leh

**Fee \$45** 8 hrs min 8 max 24  
 Students will get a supply list at registration for the second night of class. Please bring \$10 for any additional class materials needed.  
 R Nov. 2-30 6:30 PM-8:30 PM 70674 CED-141-002 GR ACCEC 129A

**Writing**

**English Composition: The Anatomy of a Perfect Sentence** This class will cover english composition: writing the perfect sentence. We will cover common problems in sentence structure such as sentence fragments, proper use of verbs, pronouns, adjectives, and paragraph structure. Also included is the art of the Thesaurus and different writing skills used in professional, letter, creative, persuasive and resume writing. Instructor: Shannon Sharrock

**Fee \$163** 24 hrs min 11 max 20  
 TR Oct. 3-Nov. 9 7:00 PM-9:00 PM 70924 CED-240-051 LV TBA

**NEW! Just Imagine: Journaling Workshop** Just imagine journaling and moving towards your own creative expression. Students will be offered direction and space to relax, let go, share and write from their own experience. Begin or expand your journal-keeping experience with a variety of techniques that will support memory gathering, personal growth, health & wellness and just have fun! Instructor: Shirley Smithson

**Fee \$62** 8 hrs min 6 max 24  
 W Oct. 4-25 7:00 PM-9:00 PM 70653 CED-050-001 GR ACCEC 134

**Writing Feature Articles** This course offers a view of the markets for feature writings and provides tips for developing skills in interviewing, writing and marketing. In-class writing exercises will help form ideas on various styles and approaches. Students will also edit their work in class and will prepare story ideas and sample query letters. Instructor: Kay Rios

**Fee \$141** 10 hrs min 10 max 20  
 W Oct. 11-Nov. 8 6:30 PM-9:00 PM 70968 CED-614-051 LV TBA

**Word Play - Poetry Workshop** This workshop will bring the joy of playing with words and creating poetry in a comfortable relaxed atmosphere. Developing poetic expression can help direct us towards our own creative voice and connection to a sense of presence in every day experience. Participants will be guided in a variety of exercises that will enhance writing the poetic image. Instructor: Shirley Smithson

**Fee \$62** 8 hrs min 6 max 24  
 Students will need to bring a journal or notebook with them to the first night of class  
 W Sept. 6-27 7:00 PM-9:00 PM 70675 CED-051-002 GR ACCEC 134

**PERSONAL ENRICHMENT**

**Finance/Money**

**NEW! Couples and Money** Whether you're engaged, newlywed or have money issues in your marriage, this class will help you work together to discover each other's financial strengths and weaknesses and provide you with tools to succeed in marrying your money management skills as a couple. Instructor: Melissa Jensen

**Fee \$20** 2 hrs min 6 max 24  
 R Sept. 28 7:00 PM-9:00 PM 70991 CED-245-001 GR TBA

**Crouching Taxes, Hidden Profits** Learn legitimate strategies that may reduce your taxes up to 50%! This class is designed for self-employed persons, small business owners including home-based business operators, prospective business owners, and wage earners who also file a Schedule C. Learn over 100 tax saving areas of the tax code and how to implement them. Learn to "audit-proof" your tax records. The course includes a 200 page "Tax Compliance Manual" written by a former IRS Trial Attorney. Class fee is tax deductible. A required materials fee of \$64 is payable to instructor at the class. Instructor: Jeff Meyer

**Fee \$25** 3 hrs min 6 max 12  
 F Sept. 22 6:30 PM-9:30 PM 70427 CED-694-001 GR ACCEC 132